

Nana Beth Ifakemi

Instructor, Reproductive Health
for all People, & Spiritual
Healer



Healing Traditions
Honoring Body & Spirit

Biography

I have had the privilege of studying with elders from several traditional healing paths beginning in 1975. I have been initiated into the practice of Eastern meditation, Tibetan Practice of Tara, Chod, Native American - Metis (mixed blood) healing traditions of multiple peoples, Qi Gong, Tai Chi, Ama Deus, Reiki, Healing Touch, Therapeutic Touch and have focused the last 15 years on Maya Medicine as taught by Dr. Rosita Arvigo, DN and Flordemayo.

I was drawn to Santeria/Lucumi after meeting Omifunke on SunDance lands in Arizona in 1996. We began a 6 year study prior to Initiation in 2002. I became a priest of Obatala and an Iyanifa in 2009 with the blessing of Philip, Vassa, Dash and Darq Amber, and Nana later that same year.

My focus after working in the western medicine arena for 18 years while studying lineage practices and traditional and complementary healing practices is now focused on fertility, pregnancy - the Childbearing Year, women's health and spiritual healing with an eye on the physical symptoms one will experience with these diseases as taught to me by Dr. Arvigo.

The common thread of all I have studied and practiced leads my faith in Ifa.